most popular!

Comprehensive Clarification & Exploration

8 more hours

What You Get

1. **Eight hour program** of effective 1-on-1, high-quality sessions, typically delivered in eight 1-hour sessions. Schedule sessions with your Associate to suit your needs, usually 1-2 weeks apart.
2. Plus one hour initial consultation **full credit**, with program commitment now or within 2 days.
3. **Positive and helpful collaboration** with your Associate, an experienced Career Professional, and with the CareerCycles Team, who support your well-informed choices.
4. **Online Storyteller™** web application access, which includes substantive and tailored working tools:
   - *Career Sketch* Gather & organize your desires, strengths and other elements from your stories
   - *Career Statement* Concise, positive, forward-looking, it is a compass for your exploration plans
   - *Exploration Plan* Guide and keep track of clues and inspired actions for each of your Possibilities
5. **In-session time to work on 1 of your career tools**, if appropriate or desired: resume, LinkedIn profile, letters, job applications, interview preparation, educational applications, job offer negotiations, job search help.
6. **Job search help** including support through job offer negotiations, if appropriate or desired.
7. Tailored selection from among **20+ content-rich resources** to guide between-session tasks.
8. **Session meeting notes** in your Online Storyteller™ Dashboard, including suggested next steps.
9. **Contact for career exploration:** at least one in your area of interest and "Field Research" guide, upon request.

Investment Details

Three monthly payments of $395 or pay in full $1140 **Two Savings Available:**

Receive **full credit** for your initial consultation, with your program commitment within 2 days

and

Save $45 – when you pay in full, $1140, PLUS receive **free book** *Not For Sale: Why We Need A New Job Search Mindset*

Guarantee: If you're unsatisfied after first session, change Associate or refund first payment less $95.

Unused hours are transferrable to friends or family.

Upgrade to our **Premium** 12-hour program by 7th hour and save 10%.
Add on a Career Tools Program and save 10%.

Investment amounts are plus hst

OUR EVIDENCE-BASED CAREER PROGRAMS RESULT IN INCREASED HOPE, OPTIMISM, CONFIDENCE, RESILIENCE, PERSONAL GROWTH, AND CURIOSITY & EXPLORATION[1]

An outcome study showed significant increases in Hope, Efficacy (Confidence), Resilience and Optimism, abbreviated as HERO and collectively known as Psychological Capital. Outcome study increases in HERO are correlated with increases in 4 key measures: Clarity, Career and Life Satisfaction, Person-Job Fit, and Employment Status.

1 Franklin, M., Yanar, B. & Feller, R. (2015). Narrative Method of Practice Increases Curiosity & Exploration, Psychological Capital, and Personal Growth leading to Career Clarity: A Retrospective Outcome Study. *Canadian Journal of Career Development, 14(2).*

More evidence here http://onelifetools.com/evidence/

Watch video of 2 clients' experiences https://www.youtube.com/watch?v=5rt32M2qqhc